

SKIING - TEST

1. What is a snow plough? _____

2. What advantages do longer skis have? _____

3. What were the first boots made out of? _____
4. Name a few alpine skiing resorts in Europe and North America? _____

5. What is Nordic skiing made up of? _____
6. How does cross-country skiing keep you healthy? _____

7. Why are poles longer than alpine skiing poles? _____

8. How are ski-jumpers judged? _____
9. What is freestyle skiing about? _____

10. When were the first skis made and what were they made of? _____

11. What were skis used for in Scandinavia? _____
12. When did skiing start in the Alps? _____
13. How are ski slopes marked? _____
14. Name a few items of clothing you should or must wear. _____

15. Which two alpine skiers won three gold medals at a single Olympics? _____

16. Who dominated cross-country skiing in the 1990s? _____
17. What problem did Matti Nykänen have he ended his career? _____

18. Who is nicknamed the "king of biathlon"? _____
19. Which Austrian skier won the World Cup a record 8 times? _____
20. Name the four alpine skiing events? _____

21. Which is the longest cross-country event? _____
22. What is the Nordic combined? _____